South Dakota Crisis Lines and Shelters

Aberdeen

Safe Harbor

Business: 605.226.1212 Crisis Line: 888.290.2935

Brookings

Margo's Place

Business & Crisis Line: 605.692.7233 or 888.643.5400

Chamberlain

Missouri Valley Crisis Center Business: 605.234.7155 Crisis Line: 605.730.5155

Custer

Women Escaping A Violent Environment (W.E.A.V.E.)

Business: 605.673.6333 Crisis Line: 605.673.4357 or

800.424.3574

Eagle Butte

Sacred Heart Center Business: 605.964.7233 Crisis Line: 800.390.9298 or

800.390.9298

Ellsworth AFB

SA Prevention & Response Of-

tice

Crisis Phone: 605.385.7272

Flandreau

Wholeness Center Business: 605.997.3535 Crisis Line: 605.997.5594 or

866.643.3379

Fort Thompson

<u>Wiconi Wawokiya, Inc</u> Crisis Line: 605.730.2471 or

800.723.3039

Huron

<u>Jan Manolis Family Safe Center</u> Business: 605.554.0398

Crisis Line: 605.350.6690 or

605.350.6663

Lemmon

Communities Against Violence

and Abuse (CAVA)

Business: 605.374.5823 Crisis Line: 605.244.7233

Lower Brule

Restoring Hope

Crisis Line: 605.473.2471 or

605.730.2471

Madison

Domestic Violence Network of

the Lakes Region

Business: 605.427.7233 Crisis Line: 605.480.2721

Martin

Sacred Shawl Society

Crisis Line: 605.685.1168 or

605.685.1020

Mission

White Buffalo Calf Woman So-

ciety, Inc.

Business & Crisis Line:

844.856.2317

Mitchell

<u>Safe Place of Eastern South</u>

Dakota

Business: 605.996.6622 Crisis Line: 605.996.4440 or

888.996.8909

Mobridge

Bridges Against Domestic Vio-

lence

Crisis Line: 605.845.2110

Pierre

Missouri Shores Domestic Vio-

lence Center

Business: 605.224.0256 Crisis Line: 605.224.7187 or

800.696.7187

Pine Ridge

Oglala Sioux Tribe Victim Ser-

vices Program

Crisis Line: 605.867.1508

Porcupine—Location

Winyan Wicayuonihan Oyanke— Where all Women are Honored

Business: 605.391.2609

Rapid City

Working Against Violence Inc.

(WAVI)

Business: 605.341.3292 Crisis Line: 605.341.4808 or

888.716.9284

Redfield

Family Crisis Center, Inc. Business: 605.450.1345

Crisis Line: 605.472.0508

Sioux Falls

Children's Home Shelter for

Family Safety

Business: 605.338.0116

Crisis Line: 605.338.4880 or

888.378.7398

<u>The Compass Center</u> Business: 605.339.0116

Crisis Line 605.274.1442 or

877.462.7474

Sisseton

Wac'ang'a Inc. (Sweetgrass)

Crisis Line: 605.698.4129

Spearfish

<u>Artemis House – Victims of Vio-</u>

lence Intervention

Crisis Line: 605.642.7825 or

800.999.2348

Sturgis

Crisis Intervention Shelter Ser-

vices, Inc. (CISS)

Crisis Line: 605.347.0050 or

800.755.8432

Vermillion

Domestic Violence Safe Option

Services (DVSOS)

Business & Crisis Line:

605.624.5311

Watertown

Beacon Center

Business: 605.886.4304 Crisis Line: 605.886.4300 or

800.660.8014

Winner

Winner Resource Center for

Families

Business: 605.842.2736

Crisis Line: 877.695.0558

Yankton

River City Domestic Violence

Center

Business: 605.665.4811

South Dakota Crisis Lines and Shelters

Tips for talking to a survivor

Here are some tips for talking to a survivor of sexual assault or domestic violence. These tips are meant to be a guide and should be used as such. Supportive reactions and compassionate listening is among the most helpful ways to support a survivor.

Common Phrases to Use:

- I'm sorry this happened to you.
- It's not your fault.
- I believe you.
- You have the right to feel _____.

- Do you need medical attention?
- Can we assist you in getting medical attention?
- Confidentiality is important to us. We will continue to talk about this as we work with each other.

Things to Consider:

- Listen to the survivor.
- Keep opinions to yourself.
- Do not be judgmental.

Notes:

- Survivors often blame themselves. Remind them that they are not to blame.
- It can be difficult for survivors to come forward. They may feel ashamed or concerned that they won't be believed.
- Survivors often feel many different emotions, and everyone reacts differently to trauma.
- Match the language they are using to describe the assault or violent incident.

- Many crisis agencies have advocates available to support a survivor following an assault.
- Reassure the individual that there are agencies available to help them. Offer information on the services.
- Give individuals options and encourage them to make decisions about next steps.
- Remind the survivor that services are free and confidential.
- Explain mandatory reporting requirements.
- Remind survivors that the healing process takes time.
- Being a support person can take a toll. While working with survivors, you may feel a range of emotions (disbelief, anger, sadness, anxiety or guilt). Reach out and talk to a colleague or another professional. Practice self-care techniques.

Notes.		

Large print and electronic version of this document are also available.

National Resources: Additional SD Resources:

National Sexual Assault Hotline 1.800.656.4673 (HOPE) Visit rainn.org National Deaf Domestic Violence Hotline Videophone: 855.812.1001

lext zip code to 898211 las.org Visit helplinecenter.org

Helpline Center Crisis Line: 211 or 605.339.4357 Text zip code to 898211

Email: nationaldeafhotline@awdas.org

National Human Trafficking Hotline

SD Hotline 1.800.430.7233 (SAFE)

National Domestic Violence Hotline Call or text: 1.800.799.7233 (SAFE) TTY: 1.800.787.3224 Visit the hotline.org

1.888.373.7888 Text 233733 (send HELP or INFO)

TTY: 711

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